



Top Tips

for being at home with your child.

These are difficult times and it may well feel overwhelming having your child at home.

Be kind to yourself! You can't recreate a school but there are lots of things you do everyday that will support your child with their learning and development.

Children of this age learn best through play and first hand experiences. Try and follow their interests. Please don't feel you need to be sitting them down and doing worksheets! We hope you enjoy the home learning we send you. Do email if you have any questions or concerns.

Have a routine: Think about setting a routine for the day. You could have a morning snack like we do in nursery. After lunch have some quiet time - perhaps do a puzzle, read or have some screen time.

Try and do something active in the morning.

Set aside some time for free play and opportunities for your child to help you with jobs.



Everyday jobs around the house are great learning opportunities and help to develop children's self help skills.



Try: Preparing meals—make a sandwich, chop some fruit or vegetables. Unload the washing machine and hang the washing up. Tidy toys. Practise putting on coats and getting dressed or undressed.

Things to try and do each day...

- Sing nursery rhymes and songs
- Dance
- Draw
- Read lots of stories
- Do a puzzle or play a game
- ♦ Go outdoors
- ♦ Have a hug!



Do keep in touch with your child's keyworker via email. They would love to see what you're doing at home and they will share their home learning with you too!