

# Apple Muffins

## What you need:

100g self raising flour

50g margarine

50g caster sugar

75g finely chopped apple

1 egg

1 tbsp baking powder

$\frac{1}{4}$  tsp cinnamon

$\frac{1}{4}$  tsp nutmeg

1 tbsp milk

Paper cases

## What to do:

1. turn on oven 220 c / gas mark 7
2. cream margarine and sugar together
3. beat in the egg
4. mix flour, baking powder and spices together and fold into the mixture
5. fold in chopped apple
6. put mixture in paper cases
7. bake for 15 minutes